

Scéalta 18
News & Information for
St. Mochta's National School Community
18th January 2017

Hearing & Vision Testing

The HSE will continue the Hearing & Vision testing for Senior Infants next Monday 23rd January.

Faith Friends

The Faith Friends confirmation programme continues this week on Tuesdays and Thursdays from 7.30pm to 9.00pm. Please ensure to collect your child on time.

The Big Picture Workshops

Our 5th class students are taking part in "The Big Picture" programme run by the Neighbourhood Youth Project. The programme looks at ways in which the young people can improve positive mental health through sleep, physical activity, superfoods, reduction in sugar and ending on mindfulness & meditation. This will run over 6 weeks starting this Friday 20th January. We hope the children enjoy the workshops.

Luttrellstown Community College

Assessments for Incoming First Years, September 2017, will take place at LCC on Friday 3rd February. If your child has a place at LCC, please ensure he/she arrives on time for the assessment. As this is not a primary school event, it is the parent's responsibility to drop and collect your child.

Parents Association

Clothing Collection - The PA will be holding a clothing collection next month. It is likely to be before the mid-term break. The date will be confirmed shortly.

Thank You – The Parents Association Committee would also like to take the opportunity to thank two longstanding and valued members of the PA who have recently stepped down. Both Roisín Flanagan and Dymrna Cunningham will be sorely missed and we thank them for all the work they have done, over the years, in their roles on the PA.

Thanks and best wishes from the PA

Laudate Festival

Parents and families are invited to an evening of music and reflection to celebrate Catholic Schools Week 2017 which will take place as follows:

- Tuesday 31st January – Our Lady of Victories Church, Ballymun Road @ 7.00 p.m.
- Wednesday 1st February – Church of St.Lawrence O'Toole, Kilmacud @ 7.00 p.m.

This festival night brings together children from twenty-one primary schools of the Archdiocese along with parishioners and choirs to sing a shared repertoire, to celebrate the gift of one another, and the gift of Catholic education.

This is a free event and all are welcome.

Lollipop Ladies

Please respect our Lollipop ladies, who do a very important job each day, helping to keep your children safe as they cross the busy roads. Please do not ignore them as they do their job, whether you are walking or driving to school. If they ask you to stop and wait, please do so and we would encourage everyone to speak to their

children about road safety and the important job that the Lollipop ladies do ensuring our safety to and from school every day.

If your child is sick

Schools play a critical role in protecting the health of our children, staff and the community from contagious coughs, colds and tummy bugs. Please do not send your child to school if he/she presents with such illness.

On your child's return to school, please send in a note to teacher to explain the absence. There is no need to provide a letter from your doctor.

Punctuality

School begins at 8:50am. All pupils are expected to be on time. If you are late, please sign your child in at reception giving a reason for the late arrival. We ask that you do not bring your child directly to class. *Many thanks for your co-operation in this important matter!*

After-School Activities

1. Art Classes

A new term of Art and Craft classes for Junior and Senior Infants has started this week and there are limited places available. This is a 6 week course and will run every Tuesday from 2.40pm – 3.45pm. To book a place for your child, please contact Rosemary Duff on 087 6288134.

2. Music Classes

Tin Whistle classes will be starting on Tuesdays at 1.45pm starting in January for Junior and Senior Infants. Instruments will be provided and the cost per class is €3.50. If you are interested, please email your child's name and age to : musicclasses@yahoo.com

3. Irish Dancing Lessons

A new term of Irish dancing classes has started on Tuesdays from 2.40pm – 3.40pm. Places are still available and if you would like to book a place for your child, please contact Rosaleen Goodman on 087-2685325.

Mindfulness Course for Teachers and Parents

This Mindfulness Course (.b Foundations) is designed to support Teachers and Parents and anyone working in the Educational Sector. It helps to cultivate a Mindful way of Being both in their personal lives and in their working lives. This Mindfulness training has innumerable benefits including enhancing Resilience, Performance and overall Well-being.

When:	Wednesday Evenings 25th January
Where:	Dublin West Education Centre, Tallaght, Dublin 24 (free car parking)
What's included?	8 weeks (2 hour Sessions), Course Book with Meditation CD Course Handouts

By Course completion participants will have had many opportunities to experience the extraordinary benefits of Mindfulness known to increase Physical, Emotional and Mental Health. The investment in this informational, transforming and healing Mindfulness Course is €175 + €20 for Course Book & Mediation CD (equates to €12 per hr). This includes all 8 Classes, Course Book, Meditation CD and Class Handouts. To Book Your Place on this January Course please call Pamela-Maria on 083 8166800 or email info@mindfulnessatsource.com