

**Scéalta 17**  
**News & Information for**  
**St. Mochta's National School Community**  
**11<sup>th</sup> January 2017**

**Welcome Back!**

We hope everyone had a very enjoyable time over the Christmas holidays and would like to wish all our families a very 'Happy New Year'.

**School Photographer**

County Photos will be in the school today and tomorrow to take photos from Junior Infants to 6<sup>th</sup> Class. Individual and Class Group photos are being taken today. Family photos will be taken tomorrow. It is important that your child wears **full school uniform** on these days.

**Sacraments**

- Faith Friends for Confirmation Candidates started this week and will continue every Tuesday and Thursday from 7.30pm to 9.00pm. Please collect your children on time.
- On Monday 16<sup>th</sup> January, there will be a meeting for parents of 1<sup>st</sup> Holy Communion children at 8pm in St. Mochta's church.

**Swimming Success**

Rachael Boucher from Ms.Ryan's 5<sup>th</sup> class represented St.Mochta's at the Leinster School's Swimming Championships in Tallaght last weekend. She competed in the Backstroke & Butterfly. She finished 3<sup>rd</sup> in her heat for the Butterfly & in the process achieved the qualifying time for the Irish Schools Championships which will be held in the NAC in February. Well done Rachael!

**Frosty Weather**

Please note that on frosty mornings the yards need to be salted before school can commence. This may result in a delay opening the gates at 8.30. We apologise for any inconvenience and we appreciate your understanding.

**Wet Mornings**

We would like to remind you of the procedure for Wet Mornings. Please note that on these days we operate a one-way system.

Everyone must enter through Gate 1 (as you look at the school, this gate will be on your left hand side) and proceed as follows:

- **Junior, Senior, 1<sup>st</sup> and 2<sup>nd</sup> Classes** should walk through St. Mary's Corridor and line up in the School PE Hall.
- **3<sup>rd</sup> and 4<sup>th</sup> Classes** should walk through St. Mary's Corridor and directly into their classes.
- **5<sup>th</sup> & 6<sup>th</sup> Classes** should line up in St.Benedict's.

**Everyone must leave through the main door at Reception**

Kindly note:

- On wet mornings, Gate 2 will remain closed.
- Please do not enter through the main entrance at Reception as this is an exit only.
- Once you (parents/guardians) have brought your child to the hall, **please leave immediately** through the main Reception doors as it is a Health & Safety issue to have too many people gathered in the hall or reception area.

Many thanks for your co-operation.

## **Health & Safety**

Kindly note dogs are not allowed on any part of the school premises. Thank you for your co-operation.

## **Hearing & Vision Testing**

The HSE have confirmed that they will continue the Hearing & Vision testing for Senior Infants on Monday 23<sup>rd</sup> January.

## **Edmund Rice College**

An information meeting for parents of pupils in **sixth class only** in relation to the new post-primary school, Edmund Rice College, opening in Carpenterstown/Castleknock in September 2017, will take place in the Community Centre beside St Patrick's N.S., Diswellstown on Monday 16<sup>th</sup> January at 8 pm.

## **After School Activities**

### **1. Art Classes**

A new term of Art & Craft classes for Junior and Senior Infants begins next Tuesday 17<sup>th</sup> January. This is a 6 week term and will run every Tuesday from 2.40pm to 3.45pm. To book a place for your child, please contact Rosemary Duff on 087 6288134.

### **2. Mindfulness Course for Students**

Miss Murphy will be running a 10-week Mindfulness course for children in 5<sup>th</sup> & 6<sup>th</sup> classes starting on Thursday 19<sup>th</sup> January and finishing Thursday 6<sup>th</sup> April (no class on Thursday 26<sup>th</sup> January). Classes will be held in Ms Ní Coitir's classroom and will start at 2.35 and finish at 3.30. The cost for the 10 weeks is €75. For further information and enquiries please contact Miss Murphy directly at the following email address: [missmurphystmochtas@gmail.com](mailto:missmurphystmochtas@gmail.com) before Wednesday 18<sup>th</sup> January.

### **3. Music Classes**

Tin Whistle classes will take place on Tuesdays at 1.45pm starting in January for Junior & Senior Infants. Instruments will be provided and the cost per class is €3.50. If you are interested, please email your child's name and age to : [musicclasses@yahoo.com](mailto:musicclasses@yahoo.com)

## **Mindfulness Course for Teacher and Parents**

This Mindfulness Course (.b Foundations) is designed to support Teachers and Parents and anyone working in the Educational Sector. It helps to cultivate a Mindful way of Being both in their personal lives and in their working lives. This Mindfulness training has innumerable benefits including enhancing Resilience, Performance and overall Well-being.

<b>When:</b>	Wednesday Evenings 25th January
<b>Where:</b>	Dublin West Education Centre, Tallaght, Dublin 24 (free car parking)
<b>What's included?</b>	8 weeks (2 hour Sessions), Course Book with Meditation CD Course Handouts

By Course completion participants will have had many opportunities to experience the extraordinary benefits of Mindfulness known to increase Physical, Emotional and Mental Health. The investment in this informational, transforming and healing Mindfulness Course is €175 + €20 for Course Book & Mediation CD (equates to €12 per hr). This includes all 8 Classes, Course Book, Meditation CD and Class Handouts. To Book Your Place on this January Course please call Pamela-Maria on 083 8166800 or email [info@mindfulnessatsource.com](mailto:info@mindfulnessatsource.com)